

BMWED FREQUENT CONTACTS

Person/Organization	Title/Description	Phone	Website/Email
United Healthcare	Medical Nurse Line (24/7)	(800) 842-9905 (866) 735-5685	www.myuhc.com
Highmark Blue Cross/Blue Shield	Medical Nurse Line (24/7)	(866) 267-3320 (888) 258-3428	www.highmarkbcbs.com
Aetna	Medical Nurse Line (24/7)	(800) 842-4044 (800) 556-1555	www.aetna.com
Express Scripts	Prescription Medicine Coverage	(800) 842-0070	www.express-scripts.com
United Behavioral Health	Mental Health/Substance Abuse Treatment (24 hrs/day)	(866) 850-6212	www.unitedbehavioralhealth.com
Aetna Dental	Dental Coverage & Claims	(877) 277-3368	www.aetna.com
EyeMed	Vision Coverage & Claims	(855) 212-6003	www.eyemedvisioncare.com/railroad
Railroad Unemployment Insurance Act (RUIA)	Short Term Sickness Benefits	(877) 772-5772	www.rrb.gov
The Hartford	Supplemental Sickness Benefits	(800) 205-7651	https://yourtracktohealth.com/
Benefit Harbor	BMWED/Aflac Optional Plans	(800) 226-1621	www.memberbenefitlogin.com/BMWEDIBT
Railroad Retirement Board	Retirement, Sickness, and Unemployment Claims	(877) 772-5772	www.rrb.gov
Eric Rose	National Division Field Auditor	(248) 662-2606	erose@bmwe.org
Burlington System Division	Office (Josh, Megan, Landy)	(402) 463-0234 (402) 463-0226 - FAX	www.bmwedburlington.org
George Loveland	General Chairman	(309) 337-4262	gloveland@bmwebsd.org
Tom Steinbrenner	VGC, North District	(218) 431-1113	tsteinbrenner@bmwebsd.org
Rod Blessing	VGC, Central District	(816) 213-6415	rblessing@bmwebsd.org
Gene Thompson	VGC, West District	(308) 760-6688	gthompson@bmwebsd.org
Mark Semande	VGC, East District	(309) 221-2539	msemande@bmwebsd.org